

ABSTRACT OF THE DISCLOSURE

A method for simultaneously recording motion and still images, includes the steps of: capturing a motion image sequence and accompanying audio of a scene with a digital video camera adapted to record both motion and 5 higher resolution still images; simultaneously capturing a still image sequence having a higher resolution and lower frame rate than the motion capture sequence; compressing the motion image sequence using interframe compression and the accompanying audio and storing the compressed motion image and audio data; and compressing the still images using intraframe coding and storing the 10 compressed still image data.